

## Under Represented Ethnic Populations Committee successfully completes Armenian Mental Health TV Talk Shows



The Los Angeles County Department of Mental Health (LACDMH) Eastern European Middle Eastern (EE/ME) Under Represented Ethnic Populations (UREP) Committee successfully completed the Armenian mental health TV talk shows. The forty-four (44) LACDMH approved mental health TV talk shows were televised on the Armenian-Russian Television Network, ARTN/Shant. These shows informed the Armenian community about common mental health issues, and services, and resources available. Overall, the mental health shows aimed to increase knowledge and awareness about mental health within the Armenian community by providing information and assistance to consumers who may be unaware of mental health services, or avoid it's utilization due to the stigma attached to it.

The attached pictures are from a news segment about LACDMH Mental Health Talk Show, "Hayatsk Depi Ners" produced and aired by ARTN on ARTN-Shant Nightly News. This segment was recorded on Friday, March 18, 2016, and aired Monday, March 21, 2016 at 9pm. There was tremendous positive feedback from the community

about the MH talk shows. Community members felt that the talk shows were educational and interesting and expressed great interest for the continuation of the shows.



*From left to right: Varditer Grigoryan, Anna Yaralyan, Mirtala Parada, Sarkis Simonian, Arpe Asaturyan, and Kim Kowsky*

